Family and Consumer Sciences

***6th Grade***

***Mrs. K. Barnes***

**Kbarnes@sachem.edu**

Class Code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Welcome to our Family and Consumer Science class. This course will prepare you for the challenges of balancing your personal, home, family, and work lives.**

**Supplies to bring in for class:**

* Folder
* Glue stick
* Gallon Ziploc Bag
* Colored pencils

**Units of Study:**

**Personal Development:**

* Personality, Values, goals, decision making, problem solving, self-esteem, friendships, family, personal space, community, and communication

**Child Development:**

* Areas and stages of child development, babysitting, analysis of toy safety and developmental guidelines.

**Food and Nutrition:**

* Nutrition, food and kitchen safety, kitchen tools and uses.
* Food Budgeting
* Food preparation including cookies, quesadillas, homemade pizza, cinnamon bits, muffins, pasta, breakfast and more.
* Family Cooking Project
* Laundry, setting a table, washing dishes.

**Sewing:**

* Sewing tools and uses, basic hand sewing stitches and techniques, embroidery, sewing on a button, laundering steps, sewing machine parts and functions.
* Personalized Pillow Project

GRADING POLICY

60% Projects, Cooking labs, and Sewing Lab

40% Exams, Quizzes, Classwork, Homework

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period: \_\_\_\_\_

Student signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_